

Thank you for giving the Gift of Care



To make a donation you can:

1. Complete the information below, tear off the back page and mail a cheque to make a one-time donation
2. Scan the QR code to make a recurring or one-time donation, OR

Donor Information (for tax receipt purposes for donations over \$20.00)

Name: _____ Street: _____

Town/City: _____ Province: _____ Postal Code: _____

Phone: _____ Email: _____

My donation is: In Honour In Memory Tribute Name: _____

I would like to remain anonymous for this donation.

I would like to receive email updates about how I can support ONE CARE.



There are more ways than one to give: Consider Volunteering

While monetary donations make a world of difference in funding the important work we do, we also ask you to kindly consider donating your *time* as well. From friendly home visits to delivering a hot meal to someone in need, we count on the help from people like you. If you agree to be contacted by one of our volunteer coordinators, please select your preferred form of volunteerism, complete the contact details section and return this portion below to ONE CARE.

- Friendly Visiting Adult Day Programs Transportation Meals on Wheels

Name: _____ Phone: _____

Email: _____

Please contact volunteering@onecaresupport.ca for more information.

Keep up to date on what's happening at ONE CARE by checking out our website and following us on social media:

- www.onecaresupport.ca [@onecareHCSS](https://www.instagram.com/onecareHCSS) [ONE CARE Home and Community Support Services](https://www.facebook.com/ONECAREHomeandCommunitySupportServices) [@ONECAREHomeCom1](https://twitter.com/ONECAREHomeCom1)

ONE CARE Home & Community Support Services is a Registered Charity
Charitable Number 13565 4184 RR0001
Donations of \$20 or more will receive a tax receipt.

All net proceeds raised through fundraising events and campaigns go directly towards clients in need of financial subsidy, and the purchase and maintenance of essential program equipment and facilities.

Examples of donation options are for illustrative purposes only. All net proceeds raised through fundraising events and campaigns go directly towards clients in need of financial subsidy, and the purchase and maintenance of essential program equipment and facilities.



Gift of Care

Help change a life this holiday season.



Dear friends of One Care,

Your generosity, especially when times get tough, is what ensures our community receives the care they need and deserve.

With the season of giving upon us, I want to take this opportunity to thank you for the support you've given to ONE CARE, whether monetary in nature or simply helping us spread the word about the wonderful work our team does each day. Every ounce of support helps to truly make a difference in the lives we touch and in our ability to keep striving for excellence.

ONE CARE helps aging adults and those living with health challenges stay in their homes. We bring essential services like accessible transportation, in-home PSW care and Meals on Wheels directly to our clients. These services are among the many we offer within Huron and Perth counties that enable us to continue our mission of breaking down barriers and championing care for the clients we serve today and tomorrow.

This gift of providing a sense of autonomy to our clients, in large part, is thanks to you. Please consider continuing your supporter journey today, and give the **Gift of Care** to someone living in your community.

Sincerely yours,

S. Ell-Cl

Stephanie Ellens-Clark
Executive Director, ONE CARE Home and Community Support Services

Why does staying at home matter?

Staying at home provides our community members with a sense of *autonomy*.

It allows them to ask for a little extra help when they need it. It matters because a spouse is able to live with their partner longer, a caregiver is able to receive a little respite when it counts the most, and most importantly, because it is where they want to be.

Bringing services into the home allows clients to develop a sense of comfort in receiving care services. It's easy to see why the services ONE CARE offers provide clients with so much more than physical autonomy, the emotional impact of our work runs just as deep.

"I cannot thank One Care enough for allowing my husband and I to visit our family this holiday season".

"I don't know how we would manage without ONE CARE's wheelchair accessible vans," says Shelley, whose husband is a ONE CARE client.

"When my husband Gary lost his mobility, we worried about how he would be able to get around. We live in a small town and getting to appointments, or to see family and friends is impossible without transportation. There is a real need to make sure that there are enough vehicles in good operating condition to help people like Gary and our family."

A year at a glance:
Your generosity counts

49,650+

EasyRide trips coordinated

38,650+

Hot + frozen meals delivered

28,685+

Combined volunteer hours

8,640+

Hours of Home Help support

8,260+

Adult Day Program visits

What you can do to help:

\$9.75



Give the gift of a warm meal to a senior who is unable to cook or grocery shop for themselves.

\$80.00



Provide a caregiver with a little respite by funding the cost of bringing a loved one to an Adult Day Program.

\$300.00



Pay for a round-trip in an EasyRide van so a senior can travel from Goderich to Stratford to see their family over the holidays.